



Junior Ravens

Raven at Verrado Junior Golf Program

What will the Raven Golf Club at Verrado's Junior Program do for your child?

The Junior Raven program will help your child learn to play golf and have fun in the process. Each skill level in the Junior Raven program will have five areas that will help your child learn, develop, and practice the skills to become a better golfer and enjoy the sport of golf.

- Golf Skills
- Fitness and Nutrition
- Golf and "Near Golf" Experiences
- Sportsmanship, Etiquette and Rules
- Golf and Physical Assessments

Each skill level will develop the necessary physical and golf skills to practice, improve, and enjoy the sport of golf. Each junior golfer will be tested before they begin each level to determine their level of experience, which will help establish and measure goals for the participant and the instructor. At the end of each level each participant will be tested again and will receive a score based on their skill level. Participants will be given a practice program to improve their skills and set goals to help become a better golfer.

At the heart of the Junior Raven program is Long Term Player Development. The goal of Long Term Player Development is to develop each individual's physical and golf skills in a steady progression based on ability. It is critical to lay down the foundation for a solid skill base as each youth progresses in the sport of golf. A solid golf base is not established by limiting each individual to only hitting and practicing golf shots every day. Fundamental movements and skills will be introduced through fun activities. Each youth that goes through the Junior Raven program will participate in activities that may appear to have no correlation to traditional golf instruction and other golf programs that you have seen in the past. The Junior Raven program will include activities such as kicking a soccer ball and hitting a tee ball with a baseball bat. These activities may seem to have no relationship to golf, but the reality is that they are establishing the fundamental physical and motor skills to perform a golf swing that requires timing, balance, and coordination.

Each junior golfer is unique in his or her own skill level; although age may be a factor it is often inappropriately used as a benchmark to place juniors into groups. A clear assessment of your child's skill level is critical in placing them in the proper level in order to provide the best opportunity for growth. Skill levels will be assessed on an ongoing basis in order to make advancement recommendations and create the most fun golf environment for your child.

Introduction Level

Get up and hit it! The Introduction Level gives kids the opportunity to get acquainted to golf in a fun, unstructured environment. Although some time will be spent on basic fundamentals of golf, this level's focus will be to get a club in the child's hand and let them swing away while also allowing assessment time for the Instructor. Students will be introduced to the Developmental Course and will play some short holes in a group setting with instructor supervision.

Level 2 – Orange Raven

Orange Level students will learn the basic fundamentals including grip, setup, alignment and weight transfer. The main goals are to get the ball airborne consistently, learn chipping basics and develop distance control with the putter. Students will also learn basic rules of the game and appropriate conduct while playing golf, along with learning fundamental movement and motor skills and link them together in the golf swing. Students will be given instruction on the Developmental Course and will be encouraged to practice with family members.

- Benchmarks for advancement to Green Raven
- Consistently get the golf ball airborne
- Understanding of chipping basics, chip 5 balls onto the chipping green in the direction they are aiming.
- Understanding and proper execution of a sound set up
- Ability to show distance control with a putter. Putt 5 balls towards the hole they are aiming at.

Level 3 – Green Raven

Continued work on the golf swing while learning the purpose of different clubs (i.e. woods vs. irons) and when they are to be used. Focus on learning different aspects of the short game and when to use them (putting, chipping, sand play and pitching). Advanced teaching in the rules of golf. Increased development of all fundamental movement skills, golf fundamental movement skills, and general overall sports skills. Students will also learn basic knowledge needed to play the Developmental Course.

Encouragement will be given to students to work on their game with family members at every given opportunity.

Benchmarks for advancement to Red Raven

- Fully understand the different shots used in the short game. Chip 3 balls into a marked circle around the hole.
- Full understanding of each club in their bag
- Successfully play a ball from a bunker
- Advance the ball 50 yards on a full swing
- Satisfactorily complete part one rules test

Level 4 – Red Raven

Level 4 will be made up of 3 semesters of instruction, focusing on playing the Developmental Course including course etiquette and pace of play, and refine the golf swing, short game, and putting. At the end of this level, students will be given an introduction to the Raven Championship Course.

Benchmarks for advancement to Gold Raven

- Play the Developmental Course within a group of peers no less than 10 rounds.
- Average scores of 5 strokes or less per hole on the Developmental Course
- Satisfactorily complete part two rules test

Level 5 – Gold Raven

Level 5 is a 3 semester level that will focus on the ability to play the Raven Championship Course. This includes but is not limited to; advanced rules and etiquette knowledge, acceptable pace of play, necessary shot making skills. Students will be given simple exercises to incorporate strength, stability, and flexibility to improve performance and health.

Benchmarks for advancement to Black Raven

- Ability to play all clubs and knowledge of when to play each club.
- Demonstrate how to keep score, proper etiquette and acceptable pace of play.
- Play 3 holes with instructor
- Learn course rules regarding tee times, rates and practice facility privileges.

Level 6 – Black Raven

Congratulations, you've done it! You have successfully completed the Raven Golf Club at Verrado Junior Golf Program! Now it's time to play and take your game to the next level. Whether it be with friends or family members we want you to enjoy all that the Raven Golf Club has to offer. Playing the esteemed course is great and for those wishing to further their skills now would be the time to inquire about our advanced Junior Golf Instruction opportunities. We'll see you on the course!!!

Agenda

Week 1 Introductions, Essential safety and etiquette established, Golfer assessments, Nutrition

Week 2 Fitness, Key Concepts introduced and developed such as grip, stance, balance, and swing.

Week 3 Fundamental movement skills (throwing, skipping, jumping, and balance). Full Swing Irons

Week 4 Putting. Putting course set up on practice green. Alignment, green reading, distance control.

Week 5 Sportsmanship, Rules & Etiquette. Chipping & Pitching

Week 6 Fundamental movement skills (throwing, skipping, jumping, and balance). Full Swing Woods

Week 7 On course Hybrid Golf (hitting, throwing, kicking, putting)

Week 8 On course scramble. Final assessments.

Dates:

Semester 1

Wednesdays 4pm-5pm
November 2nd – December 20th

Fridays 9am-10am
November 4th- December 23rd

Semester 2

Wednesdays 4pm-5pm
January 4th – February 22nd

Fridays 9am–10am
January 6th – February 27th

Semester 3

Wednesdays 4pm-5pm
March 7th – April 25th

Fridays 9am-10am
March 9th – April 27th